



## Body Therapy Treatment Menu

### Purifying Exfoliations

#### Salish Signature Rosemary and Mint Body Scrub

Indulge yourself with the aromas of the Northwest while experiencing a refreshing body exfoliation. This relaxing treatment begins with a shea butter salt scrub blended with essential oils of rosemary and mint to gently buff away dry, lifeless skin then finished with a melt-on-your body, rosemary mint shea butter rub. Also available as Milk and Honey, Ginger and Lime, Vanilla L'Orange, Lemongrass or Tahitian Tropics.

50 minutes - \$115 | 80 minutes - \$225

#### Green Tea & Northwest Seaweed Salt Glow

This detoxifying treatment will invigorate your body and soul as we begin with an Ancient Secrets Glacial Purifying Cleanser, buff the dead skin cells away, and allow all of the natural minerals and oils to penetrate into the skin. Last, your body will be drenched in our seaweed butter, leaving your skin with a radiant glow.

50 minutes - \$115

#### Northwest Coffee Exfoliation

Awaken your senses in a whole new way with a sumptuous blend of locally roasted ground coffee and Dead Sea Salt. The combination gently sloughs away dead skin cells while enlivening your senses and invigorating your body. A warmed shower rinse allows the oils to come alive, releasing stress and tension. This is followed by a full body covering of essence lotion, shea butter and aloe vera.

You will be rejuvenated, renewed and glowing!

50 minutes - \$125

#### Detoxifying Wraps

A rich body mask is applied to nourish and hydrate. Enjoy a relaxing scalp massage while the rejuvenating benefits of your wrap encourage detoxification and inner cleansing.

Ginger Root - Stimulating & Detoxifying

Green Tea - Balancing & Detoxifying

50 minutes - \$115

#### Puget Sound Seaweed Body Firming Wrap

Nourish your body with seaweed found deep in the waters of the Puget Sound containing essential nutrients, pure minerals, and moisturizing agents that will soften the skin and tone the tissue. This full body application of a seaweed body firming mask, a Glacial Revitalizing Mist and a luxurious covering of seaweed body butter will leave your skin feeling decadent.

50 minutes - \$125



### Espresso Hydrating Body Wrap

Experience pure luxury with our sumptuous new 3-step spa therapy that restores inner balance while nourishing outer beauty. Our gentle, naturally foaming exfoliate made from organic espresso and vibrant citrus oils, smoothes and softens skin. Next, a cocoon of moisturizing wild orchid extract and powerful antioxidants envelops you from head to toe, renewing your natural defenses. Then, your body is massaged and replenished with a sumptuous crème made with coffee, cocoa and shea butters infused with decadent floral notes of exotic jasmine and organic ylang-ylang. You emerge revived and refreshed, lucid and lyrical.

80 minutes - \$195

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## Specialized Body Treatments

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### Sacred Waters

This anti-aging body balancing treatment will detoxify, firm and replenish all the nutrients for the entire body. Using all natural Ancient Secrets products, from head to toe your body will be cleansed with the purest Glacial Cleanser and exfoliated using the natural ingredients of green tea and sea salt. Next your body is lathered in a warm seaweed firming mask and gently wrapped. To complete this sacred treatment you will be revitalized with a Glacial Mist and rehydrated with seaweed body butter.

This experience will calm your mind, rejuvenate the body, and stimulate the skin.

80 minutes | \$195

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### Snoqualmie Falls Foot Revitalizer

This treat for the feet includes a foot soak, salt and oil exfoliation, followed with a paraffin dip and vital-energy-point foot and lower leg massage.

50 minutes - \$115

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### Earth Cocoon

Soothing purification treatment in the hydro-therapy rain room where warm, mineral-rich mud is applied from neck to toe and your body is gently wrapped for detoxification and nutrient absorption.

80 minutes - \$225

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### Rain Drop Therapy

Allow your body to experience the amazing effects of Rain Drop Therapy. A combination of aromatherapy essential oils that are dispensed like rain drops along the spine and gently dispersed to stimulate nerves using massage techniques that will bring balance to your body from head to toe.

You will look at your day in a whole new way.

50 minutes - \$115

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### De-Aging Salish Experience

An aromatic mousse exfoliates impurities while replenishing the skin with trace minerals. The experience continues with the De-Aging body mask to deeply nourish and rejuvenate, leaving the skin vivid and bright.

80 minutes - \$225

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### Cascade Escape - The Ultimate Salish Spa Experience

Want to treat someone special to an unforgettable spa experience? Or, with so many enticing choices, can't decide on a set of treatments that is right for you? We suggest an escape of pure relaxation including five of our signature treatments, all in one package. Journey to the mountain and the mind.

This selection includes:

- \* Snoqualmie Falls Foot Revitalizer
- \* Essential Salish Facial
- \* Body Exfoliation
- \* Earth Cocoon
- \* Heated River Rock Massage

Please allow approximately five hours, or make it a full day of escape and spend time between treatments soaking in the pools, enjoying the steam room and the dry sauna, or just relaxing. We will also be happy to order lunch for you.

\$545 includes a Berry Smoothie.

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### Other packages to tempt you...

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#### The Roaring Falls

- \* 50 minute Facial
- \* 50 minute Massage
- \* 50 minute Sacred Waters
- \* 50 minute Foot Revitalizer

\$500 includes Fruit and Berry Refresher

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### Salish Sanctuary

\* 50 minute Facial

\* 50 minute Body Exfoliation

\* 50 minute Foot Revitalizer

\$335 includes Fresh Fruit Juice

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### Northwest Mountain Man

\* 50 minute Gentlemen's Facial

\* 50 minute Gentlemen's Back Facial

\* 50 minute Massage

\$335 includes Mint Limeade

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Following any Salish spa treatment, it is recommended that guests drink as much water as possible to aid in the elimination of toxins.

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*All treatments and prices are subject to change without notice.*