



Massage Treatments

Tranquility Massage

This is a great massage for those simply wanting to relax and restore. It will ease away tension and soothe the tired body and bring total relaxation to your mind and spirit.

50 Minute - \$115 | 80 Minute - \$210

Therapeutic Massage

The most popular massage for stress relief and restoring balance to your body and soul.

When you want a little more work than relaxation, but not too much pressure.

This is the perfect choice for you.

50 Minute - \$120 | 80 Minute - \$215

Fitness Massage

Designed for the physically active client who needs to soothe those sore muscles.

Allowing the firm pressure of our signature deep tissue massage to penetrate the tension in your muscles and promote healing and relaxation.

50 Minute - \$125 | 80 Minute - \$220

Salish Signature Heated River Rock Massage

Smooth stones and rich oils penetrate fatigued muscles.

The practitioner guides heated river stones over large muscle groups with smooth, sweeping strokes.

Heat and pressure ease muscle tension and promote relaxation.

50 Minute - \$125 | 80 Minute - \$220

Four Hands - One Heart Massage

Two practitioners work in unison to address individual needs. This rhythmical massage enhances the immune system and elicits a transformed state of being.

50 Minute - \$225

Specialty Massage Treatments

Introductory Thai Massage

Introduce yourself to a new way of relaxation and healing. A skilled practitioner, trained in Thailand on the ancient massage technique, will gently guide you through beginning stretches and use pressure points along energy meridians to release stress and muscle tension. Thai massage is done without oils, on a floor mat. Please wear comfortable clothing.

50 Minute - \$115

Ancient Thai Massage

Allow your body to be stretched and muscles lengthened.

Guided pressure is used to facilitate increased circulation and expanded range of motion.

Thai massage is done without oils on a floor mat. Please wear comfortable clothing.

80 Minute - \$225



Craniosacral Therapy

Re-balance, renew and heal with craniosacral therapy – a gentle, hands-on method of evaluating and treating the function of the craniosacral system. During this deeply relaxing and soothing massage, the therapist will feel for the gentler energies and subtle movements of the craniosacral system to evaluate and treat restrictions that cause pain and fatigue. The therapist will assist the natural movement and release of the restriction to help the body self-correct. Dress in loose, comfortable clothing for this spa experience.

50 Minute - \$120

Cupping Massage

This specialty bodywork treatment uses suction and negative pressure to remove toxins, smooth cellulite, lift connective tissue and bring blood flow and tone to muscles and skin. Ten minutes of cupping is considered just as beneficial as a one hour deep tissue massage with prolonged results.

50 Minute - \$130

Or add cupping to any massage for an upgrade fee of \$20

Treatments for Two

The perfect way to experience togetherness whether in celebration of a special occasion or because you both deserve a relaxing escape.

Rekindle Ritual

A memorable experience for a couple's heart, mind and soul takes place in our premier fireside couples treatment room with side-by-side massage tables. Your sensory journey begins with a Rosemary Mint Exfoliation, shared shower, and Heated River Rock Massage.

80 Minute - \$245 per person

Essence of the Earth

Indulge in the riches of nature's elements. Your togetherness experience in our premier fireside couples treatment room includes a side-by-side Earth Cocoon, shared shower and Heated River Rock Massage.

80 minutes - \$245 per person

Fireside Massage

Relax together in our fireside couples treatment room with personalized Tranquility Massages. Journey together with the warmth of the wood burning fire in sheer relaxation as our skilled practitioners help relieve the stress of everyday life and leave you feeling relaxed and refreshed.

Tranquility Massages 50 Minute - \$135 per person | 80 Minute - \$230 per person

* Heated River Rock Massage or Fitness Massage Upgrade | \$10 per person

Recommended Massage Enhancements

Aromatherapy \$5 | Cupping \$20 | Heated River Rock Upgrade \$10 | Fitness Massage Upgrade \$10