

Best Babymoon Destinations Around Puget Sound

Because why not?



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Oh, baby! What a trip

There's so much to do before a baby arrives: birthing classes to attend, work schedules to plan, supplies to buy. Is there even time to think about getting away? Yes, there is, and you should get away before the baby comes. A few quiet days to focus and mentally prepare for the marathon of infant care can be priceless during the months to come.

So, seek some relaxation before your family changes forever. Here are four creative ideas for a "babymoon" (plus one idea for life after baby!).



PHOTO: Salish Lodge. Photo credit: Salish Lodge

For the romantics: Snoqualmie Falls

There's plenty of good reasons why [Snoqualmie Falls](#) is a classic choice for a babymoon. It feels a world away from the city, but is only a short drive from Seattle, and even less outdoorsy pregnant mamas will be fine taking the short hike to the bottom of the falls. (Of course, there's no shame in driving between the lower lot and the observation deck up top – especially on wet days when the trail can be slippery.)

For couples, the beautiful falls are famous as a romantic getaway, but they're deeply spiritual, too. The falls are sacred to the Snoqualmie people, who believe mist from the falls carries prayers to the creator. Could there be a better place to connect and release your wishes for the miracle you're living?

Stay: The staff of the [Salish Lodge](#) is as attentive to new parents as they are to new lovers. Their [one-night "Babymoon at Salish" package](#) includes a room with rose petals sprinkled on the bed and sparkling cider, a special pregnancy pillow and a baby gift. Parents also receive two spa treatments and a \$50 dining credit (consider ordering breakfast in bed). The price depends on the date of your stay, but ranges from \$510 to \$700.

Relax: In addition to its other offerings, the on-site Salish Spa has [an entire maternity services menu](#), while visiting couples can spring for an in-room couples' massage. If spas aren't your style but you still want to do something special, contact the lodge's "romance concierge," Pepper Schwartz, Ph.D., at least a week before you go, and she'll help you come up with the perfect plan.

Eat: The Salish Lodge specializes in Northwest cuisine, keeping bees for honey and growing its own herbs for the two on-site restaurants. Enjoy a romantic dinner in The Dining Room (entrées from \$38 to \$125) or a more casual meal in The Attic (\$15-\$25). Naturally, you'll want to ask for one of the tables with a view of the falls – unless you decide to stay in and order room service.

Getting there: 6501 Railroad Ave. SE, Snoqualmie. Located 30 minutes east of Seattle and Bellevue on Interstate 90 to the Snoqualmie Parkway.