



The Spa Insider

SPA PROFILE:
SALISH SPA AT
SALISH LODGE AND
SPA



Salish Lodge and Spa

Salish Lodge & Spa overlooks the 268-foot Snoqualmie Falls, making it a stunning destination for weddings, special occasions, and meetings. The Muckleshoot Indian Tribe owned property is nestled in the foothills of the Cascade Mountains providing inspiring surroundings. Honey and herbs from the lodge's own apiary and garden appear in treatments at the world-renowned spa, as well as the locally sourced Northwest fare and libations in The Dining Room and The Attic. Each of its 86 guest rooms has a fireplace, comfortable seating and an oversized soaking tub or an oversized shower with dual showerheads. We chatted with Spa Manager Rachel Haugen to find out more about the beautiful spa.

Why You'll Love It: Guests love our location -- 30 minutes east of downtown Seattle, yet far enough away for a relaxing escape. The location provides a true Pacific Northwest experience in a serene setting. They also love our amazing team of professionals.

Key Features: Amenities include two soaking pools, a dry sauna, steam room, and locker facilities.



The spa's pool.

Insider's Tip: Hotel guests can upgrade to Club 268 (named for the height of the falls) where they can enjoy complimentary happy hour, breakfast, access to the spa's amenities and 20% off retail products (\$99/night). Another tip is that hotel guests can request self-guided in-room treatments with Comfort Zone products.



Club 268 Lounge

Bonus: An added bonus is that guests are served champagne upon arrival and given a welcome tote.

Spa Snacks: Infused water, tea, and spa trail mix. All treatment packages come with smoothie or refreshment.

Splurge Treatment: Couple's Rekindle Ritual: An 80 minute treatment in the renovated couple's room. Couples enjoy side-by-side rosemary and exfoliation, shared shower, and hot stone massages (\$240).

Insider's Favorite: 80 min Ultimate Illuminating Facial: This anti-aging facial features Eminence and includes eye and lip facial upgrades.

Unique Treatments:

Herb and Honey Garden Body Scrub: Guests pick and choose ingredients for their own scrub from the garden and apiary. (\$145)

Cherry and Damn Good Coffee Scrub: This treatment includes coffee exfoliation finished with cherry body oil from Bodyceuticals. It's themed after *Twin Peaks* which was filmed in the area. (\$145)

Pro Sleep Treatment: This treatment incorporates relaxation and sleep through slow movements and music. (\$145)



Featured Products: Eminence, Bodyceuticals, Comfort Zone, Coola

For more information, visit www.salishlodge.com, and follow [@salishlodgespa](https://www.instagram.com/salishlodgespa)



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