

Best Day Spa in Every State Gallery

Wellness and self-care are way more than just [millennial trends](#). Taking care of your body with massages, scrubs, and masks is not indulgent, but rather a way to take care of your mental and physical health. Just like we see specialists for our eyes, feet, teeth, and brains, we can see specialists for our skin hair and nails to keep us feeling relaxed and rejuvenated. Everybody deserves a [spa day](#)!

However, many people don't know where to go. Luckily, The Daily Meal has compiled a guide to the best day spa in every state that you can turn to whether you're looking for a spa in your town or planning a vacation. These luxe spas use fabulous products, modern technology, and holistic practices to get you to your most relaxed and pampered state of being.

These spas are in places like five-star resorts, salt caves, and teepees, all designed to help you de-stress and emerge exfoliated and relaxed. Live your best life!



Salish Lodge & Spa/Yelp

Washington: Salish Lodge & Spa, Snoqualmie

The [Salish Lodge and Spa](#) with its stunning [Washington](#) wilderness views offers spa services with either Éminence skin care, biodynamic products, or products from an organic line while they pamper every inch of your skin. Plus the spa is scented with cedar and eucalyptus, so that every breath you take will fill you with calm.